

CURRICULUM VITAE

1. **Family name: TODOROVA**
2. **First names: ELKA**
3. **Surname: NIKOLAEVA**
4. **Nationality: BULGARIAN**
5. **Education:**

Institution [Date from - Date to]	Degree(s) or Diploma(s) obtained:
Harvard University, Kennedy School of Government 2000-June 2001	Master in Public Administration
Bulgarian Academy of Sciences 1988-2000	D.Sc. in Social Sciences / Social Work
Bulgarian Academy of Sciences 1981-1985	Ph.D. in Family Social Psychology, Institute of Sociology
Moscow State University 1975 –1980	Master Degree in Psychology

6. **Language skills:** Indicate competence on a scale of 1 to 5 (1 - excellent; 5 - basic)

Language	Reading	Speaking	Writing
English	1	1	1
French	3	3	3
Russian	1	1	1
German	3	3	3
Bulgarian	native	native	native

7. **Membership in professional bodies:**
- European Association of Experimental Social Psychology 1988-
 - Director of NGO Neighborhood center – 1994-2000
 - Director of NGO Balkan Center for Social Activities – 1996-2009
 - Board of the National Agency for Vocational Education and Training 2002-2006
 - Supervisory Board of the National Social Security Institute 2006-2009
 - Consultative Council to the Economic Initiative Union 2006-2014
 - European Association of Experimental Social Psychology 1987-
 - Club “Economika 2000” -2004-
 - Bulgarian Sociological Association 1995-
 - Bulgarian Psychological Society 1993-

- ISED-Bulgarian Industrial Capital Association 2018-

8. Key qualifications:

- Education and training of experts and professionals (HRM, OB, SW, ASPs).
- Monitoring and evaluation of projects and programs dealing with social inclusion, risk groups, self-management of patients with DT2, poverty and inequalities, migration, labour market agents, social institutions, etc.
- Training and consultancy in assessing social impact of social and educational changes.
- Leading research projects in social health, interinstitutional cooperation, ISSP data gathering, ESS for Bulgaria.
- Supervision of research on social issues, social policies and practices in state and private educational and institutions.
- Preparation and development of sociological surveys.
- Sociological data processing and analysis.
- Teaching, PhD and MSc advising in social psychology, OB, sociology, and SW.

9. Other skills: Computer literacy

10. Academic positions:

- Dean of Faculty of Social Work, Varna Free University
- Vice- Rector of Varna Free University
- Professor at New Bulgarian University and
- Professor at City University Seattle in Bulgaria
- Professor at the University of National and World Economy.
- Member of Academic Boards at all mentioned Universities

10. Present position:

- Professor at University of National and World Economy, Department “Economic Sociology”, Sofia

12. More specific interests:

- Quantitative and qualitative research on sociological issues; team leader and member of research groups studying public policy issues and social practices
- Psychosocial development of children in monoparental families;
- -Social Assessment of education policies dealing with teacher-student relationships and parent-teacher communications:
- Assessment on the practical functioning of the current Law on School Education;
- Study of the Bulgarian scientist's emigration attitudes;
- Surveying the political representations and trust in institutions;
- Developing the Base Line and strengthening capacity for monitoring public performance – Monitoring and Evaluation;
- Third sector participation in the process of monitoring, evaluation and control of EU acquis communautaire implementation by Bulgarian institutions, etc.
- Consultancy, analysis and assessment of social impact of political and economic changes

- Lecturer in contemporary issues of social policy development, social work for groups in risk, psychology for social workers, discussions and debates about HRM, OB, social psychology of marriage and family, Human behaviour in the social environment etc.
- Expertise in social work for groups in risk
- Sociological data processing and analysis
- Managing social services, incl. health self-management

13. Professional Experience Record:

Date	Location	Company	Position	Description
2018-	Bulgaria	MoEdu, ESS, IS	Team	ESS for Bulgaria: National Infrastructure Map
2017-2018	Bulgaria	Scientific Research	Team Lead	Adaptation and Validation of HeiQ Bulgaria
2011-2015	Bulgaria	7 FR: F3-Health	Coordinator for	EU-WISE „Self-care Support for People with Long Term
2011	Bulgaria	OP-HRM-11	Team member	Post-Doctoral Training in Basic Research Aptitudes ()
2010	Bulgaria	UNDP-ASA RFP	Expert, Researcher	Research on the Reasons for Child Abandonment in Bulgaria and Their Institutional Placement
2011-	Bulgaria	(LLP-LDV-TOI-11-	Researcher,	NOBOMA – No Borders Manual in elderly care to promote mobility, international lifelong learning and the transfer of competences in Eastern, Central and
2011-2015	Bulgaria	7 FR: F3-Health	Coordinator for	EU-WISE „Self-care Support for People with Long Term Conditions Diabetes & Heart Disease”
2010	Bulgaria	OP-HRD	Lecturer,	Programmed Education in Basic Research Competences for Doctors and Post doctors.
2009-2010	Bulgaria	B S H - O O D , National Innovation	Expert , Team	Defining Open Business Model and its application to decision making in marketing - the endorsement off SMARTMART

2009	Bulgaria	National Scientific	Team	Bulgarian Section of European Scientific Coordination and interdisciplinary research
2007-Pre	Bulgaria	UNWE (Institute of Sociology	Official Scientific	6 Ph.D. dissertations and 14 MSc theses
Pre	Bulgaria	UNWE (New Bulgarian University	Director MSc Program	Masters Program Project: European social policy and social work
2006-2012	Bulgaria	Club Economika 2000 Phare Project	Expert, Trainer, Consultant	Project: Evaluation of NGO projects for co-financing with European development NGOs actions in developing countries. Project "Third sector participation in the process of monitoring, evaluation and control of EU acquis communautaire implementation by Bulgarian institutions" - responsible for testing the monitoring and evaluation system of the effect of publishing information for the public. Project: "Analysis of the management of the social inclusion policies for people with disabilities - social
2006	Bulgaria	CRID (Irish Combat Poverty	Team Member	Creating Methodology for policy evaluation of the implementation of social inclusion matters
2005	Germany, Malaysia	DAAD – Germany	Expert	Developing Community Social Policies For Mental Health Clients:
2005	Bulgaria	CRID – Mo	Expert	Citizen behaviour and citizen education for young people: assessing the culture of citizenry in Bulgarian traditional
2004	Bulgaria	DANCE E	Expert	Assessment of the Attitudes in Ecology (Forum for Sustainable Development)
2004	Bulgaria	Club "Ekonomika	Team member	Developing the Base Line and Strengthening Capacity for Monitoring Public Performance – Monitoring and Evaluation

2003-2004	Bulgaria	IOM - International Organization for Migration	Team leader	Social Work For Women-Traffic Victims
2004	Bulgaria	Economic Initiative for the Balkans	Expert, Consultant	The effects of corruption on Bulgarian business relations
2003	Bulgaria	UNDP / Club "Economic Initiative for the Balkans"	Team member	Social Assessment of the functioning of the current Law on Education in the section on "Teacher-pupil relationships".
2003	Bulgaria	MLSP	Social Services Expert	Active Social Services for New Employment (SANE)
2003	Bulgaria	UNDP, World Bank.	Expert and Consultant	Development of a National Strategy and Action Plan for Poverty Reduction and Social Exclusion
2002	Albania	International Balkan School for Social Work	Visiting Professor	Delivering lectures on Social work History and Methodology
2002	Bulgaria	International Organization for Migration	Team member	Return and Reintegration of Asylum Seekers from Central and Eastern Europe Currently Residing in Belgium, Ireland and Netherlands (RCAII):
2002	Bulgaria	Council of Ministers and the World Bank	Team member	Social assessment of the effect of expected changes in the energy prices in 2002
2001 – 2002	Bulgaria	World Bank and Sofia City Municipality	Team member	Sofia city development strategy: Survey of Sofia business community, part of the broader initiatives, undertaken within the Sofia City Development Strategy Project

1997 – 1998	Bulgaria	International Center for Problems of	Expert in Monitoring and	Monitoring and Evaluation of the Implementation of George Soros Humanitarian Aid Program for Bulgaria - Second Instalment.
1997 – 1998	Bulgaria	Ministry of Labour and Social	Expert in Monitoring	Monitoring and Evaluation of the EU Emergency Social Assistance Program 1 and 2 (ESAP – 2) for Bulgaria.
1997	Bulgaria	MEDE Ministry of Labour and	Expert in Monitoring	Monitoring and Evaluation of the EU Emergency Social Assistance Program 1 and 2 (ESAP – 1) for Bulgaria.
1996-2000	Varna, Bulgaria	Varna Free University	Deputy Rect	Management of the scientific, project, and teaching activities
1993-2009	Bulgaria	Institute of Sociology, Bulgaria	Senior Research Fellow	Scientific research 10- National Representative Projects on Migration, Psychosocial Development of Adolescents from monoparental families, Identity Attitudes and Representations,
1993-2000	Varna, Bulgaria	Varna Free University	Dean	Dean of Faculty “Social work”
1991-1993	Bulgaria	Institute of Sociology, Bulgaria	Associate Professor	Head of “Sociology of Politics” Department

14. Publications:

Books:

- American Theories for the Family, Sofia, “Nauka i izkustvo” Publishing House, 1988.(in Bulgarian)
- Social Psychological Perspectives, (Ed) Sofia, “St. Kliment Ohridsky” Publishing House, 1990. .(in Bulgarian)
- The Group and the Personality in Social Psychology:13 west European authors (Ed), Sofia, “Nauka i izkustvo” Publishing House, 1990. .(in Bulgarian)

- Ethnicity and Politics in Israel and Bulgaria, (Co-Ed.),UK: Avebury,1993.
- Marriage and Family, Sofia, "Prosveta" Publishing House, 1994. .(in Bulgarian)
- Social Psychology, Varna, AVSU Publishing House, 1995-1997. § . (i n Bulgarian)
- The Real Assistance: Professionalization of Social Work, Sofia, Albatros Publishing House, 2000. .(in Bulgarian)
- The Discussion on Corruption and Its Effect On the Bulgarian Business. EIUCC Library, 2004.(co-authored). .(in Bulgarian)
- Interinstitutional Coordination and Work in Teams, Stopanstvo, 2011.(in Bulgarian)
- Sociology: Course book, Ed.Complex, 2012.(in Bulgarian)
- An Introduction to Modern Sociology, Ed.Stopanstvo, 2014
- Self-management Manual for People with LTC, Ed. Complex UNWE, 2014.(in Bulgarian)
- Organizational Management:Coursebook, Ed.Complex, 2016.(in Bulgarian)

Articles, studies, research reports:

Published In Journals: Sociological problems (in BG), Sociological Review (in BG), Philosophical Thought (in BG), Population, European Journal of Experimental Social Psychology, Sociology of Health & Illness, Journal of European Social Work, Health Expectations, International Journal of Nursing Studies Plos One, Qualitative Health Research, Diabetes Educator, Health and Social Care in the Community, BMC Public Health, Patient Education and Counselling.

Among them in the last years:

1. Тодорова, Е. (2019). Благополучие и щастие: социологически и социалнопсихологически измерения от ISSP 2018 изследване.В: Научни трудове, Том2,. Издателски комплекс УНСС (Well-being and happiness categories in ISSP18 survey)
2. Тодорова, Е., Василев, И. (2016). Разновидности на неолиберализма в управлението на хроничната болест в България и в Обединеното кралство В: Икономическа социология 4.0.сб. п/р А. Нончев. ИКУНСС. (Neoliberalism in health management of chronic illnesses& UK and BG examples)
3. Тодорова, Е. (2015). Социален капитал и здраве: анализа на социалните мрежи на хора с хронични заболявания от диабет тип 2 в България В: Научни трудове, Том2-3, С.47-88. Издателски комплекс УНСС (Social capital and health: social network analysis of patients with DT2)
4. Todorova, E., Kineva, T., Bozev, V. (2018) Adaptation and Evaluation of of the Bulgarian Version of Heiq. YEARBOOK of UNWE, Pp.157-170.
5. Vassilev, I., Rogers, A., Todorova, E., Kennedy, A., Wensing, M., Koetsenruijter, J., Orlando, R., Portillo, M.C., Culliford, D. Social network type and long-term condition management support: A cross-sectional study in six European countries (2016) PLoS ONE, 11 (8), art. no. e0161027..DOI: 10.1371/journal.pone.0161027

6. Knutsen, Ingrid Ruud; Todorova, Elka; Foss, I. Christina, et al. Negotiating Diet in Networks: A Cross-European Study of the Experiences of Managing Type 2 Diabetes, *Qualitative Health Research*, Volume: 27 Issue:3 Special Issue: SI Pages: 299-310 Published: FEB 2017
7. Kennedy, A., Rogers, A., Vassilev, I., Todorova, E., James, E.,. Implementing a social network intervention designed to enhance and diversify support for people with long-term conditions. A qualitative study (2016) *Implementation Science*, 11 (1), art. no. 27.
8. Portillo, Mari Carmen; Todorova, Elka; Kennedy, Anne; et al, Interventions and working relationships of voluntary organisations for diabetes self-management: A cross-national study, *International Journal of Nursing Studies*, Volume:70 Pages: 58-70 Published: MAY 2017
9. Pumar-Mendez, Todorova, Elka; Maria J.; Mujika, Agurtzane; Regaira, Elena; et al.Stakeholders in support systems for self-care for chronic illness: the gap between expectations and reality regarding their identity, roles and relationships, *HEALTH EXPECTATIONS* Volume: 20 Issue: 3 Pages: 434-447 Published: JUN 2017
- 10.Vassilev, Ivaylo; Rogers, Anne; Todorova, Elka; et al.The articulation of neoliberalism: narratives of experience of chronic illness management in Bulgaria and the UK, *SOCIOLOGY OF HEALTH & ILLNESS* Volume: 39 Issue:3 Pages: 349-364 Published: MAR 2017
11. Portillo , M. C. ..., E. Todorova , (2015) . Voluntary Organizations and Community Groups as New Partners in Diabetes Self-management and Education: A Critical Interpretative Synthesis. *Diabetes Educator* 10.1177/0145721715594026
- 12.Knutsen , I. R., ..., E. Todorova , (2015). Negotiating Diet in Networks: A Cross-European Study of the Experiences of Managing Type 2 Diabetes. *Qualitative Health Research*. advance online SAGE Publications Inc. United States. 10.1177/1049732315610318
- 13.Foss, C., Knutsen, I., Kennedy, A., Todorova, E., Wensing, M., Lionis, C., Portillo, M.C., Serrano-Gil, M., Koetsenruijter, J., Mujika, A., Rogers, A. Connectivity, contest and the ties of self-management support for type 2 diabetes: a meta-synthesis of qualitative literature (2016) *Health and Social Care in the Community*, 24 (6), pp. 672-686
- 14.Koetsenruijter, J., Elka Todorova , (2015). Social support and self-management capabilities in diabetes patients: An international observational study. *Patient Education and Counseling*. Ireland. 10.1016/j.pec.2015.10.029
- 15.Vassilev, I., E. Todorova(2014). "The influence of social networks on self-management support: a metasyn-thesis". *BMC Public Health*. DOI 10.1186/1471-2458-14-719

15. Specializations:

- UNESCO – six months on the issues of family planning and family studies, 1987;
- PIET – one month in Boston University, Boston College, Simmons College on the issues of teaching social work in public and private universities, 1995;

- FULBRIGHT Fellow – five months in Salem State College as a researcher of programs on social work practice, 1998;
- MASON Fellow – 10 months on the issues of public policy and management in KSG/ Harvard University, 2001
- KOKKALIS Scholarship for a masters program in public administration in John F. Kennedy School of Government at Harvard University, 2001.