

# THE PROJECT

EU-WISE is an integrated project under the 7th Framework Programme of the European Commission designed to focus on understanding the contribution of policy, personal and community capabilities and resources to potential changes in health related practices in community and cultural context across Europe.

# ABOUT

The circa €2.9M research and development effort brings together 7 European countries and 8 organisations that will collaborate on the EU-WISE project (Self-care Support for People with Long Term Conditions, Diabetes and Heart Disease: A Whole System Approach).

## **O**BJECTIVES

Our research aims to understand the role and influences of resources external to health services which have an impact on peoples' capacities to manage a long term condition. It focuses on the need to explore resources and relationships within peoples' personal communities as a means of better understanding and helping to develop interventions that are fit for purpose for engaging with people who live in deprived circumstances.

### BACKGROUND

The escalation in the number of people living with long term conditions and the associated costs mean that policy makers will need to focus increasingly on self care support as a central part of the management of long term conditions. A core focus for the project is the extent to which policies, actions and resources at national and cross- national levels shape activities of health and voluntary sectors locally and thus impact on self care support capacity. We will be utilizing mixed methods including social networks analysis and will conduct a number of reviews. We will undertake in-depth qualitative research to inform a work package designed to produce self care interventions.

We are a multi-disciplinary group extending across the clinical, qualitative, quantitative, social sciences. With our roots in both social and clinical family medicine, our research includes a focus spanning from health policy through local clinical, community and social levels to a focus on personal communities and individual self care actions.

Project Website: www.eu-wise.com | Twitter: @EUWISE

**Project newsletters** will be published during the course of the project and will be available on the project website. See the project newsletter for further information, including about project events (e.g. the workshops and final conference scheduled for 2014 and 2015).

#### COOPERATION

EU-WISE is led by Professor Anne Rogers, faculty of Health Sciences at the University of Southampton, which is acting as the co-ordinating organization for the project.

# Southampton

**The University of Southampton** (SOTON) Prof Anne Rogers



University of National & World Economy

University of National and World Economy (UNWE) Prof Elka Todorova



**Universidad de Navarra** (UNAV) Dr Mari Carmen Portillo Vega



Universitetet I Oslo

Universitetet I Oslo (UniO) Prof Ingrid Christina Foss



University of Crete

University of Crete (UoC) Prof Christos Lionis



Stichting Katholieke Universiteit (RUNMC) Prof. Michel Wensing



Fundacion Educacion Salud Y Sociedad (EHSF) Manual Serrano Gill



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